

YOU+US

TOGETHER FOR HEALTH AND HEALING • WINTER 2016

ONE MISSION
Why we do what we do...
and why it matters to you

San Joaquin Community Hospital

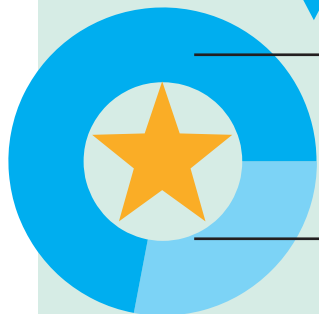
Adventist Health

OUR 18

F I V E
STARS

- 1 Chronic Obstructive Pulmonary Disease (COPD)
- 2 Colorectal Surgeries
- 3,4 Coronary Interventional Procedures (in hospital, 30 days)
- 5 Cranial Neurosurgery
- 6 Defibrillator Procedures
- 7,8 Esophageal/Stomach Surgeries (in hospital, 30 days)
- 9 Gastrointestinal Bleed
- 10 Heart Attack
- 11,12 Heart Failure (in hospital, 30 days)
- 13 Hip Fracture Treatment
- 14 Pacemaker Procedures
- 15 Pneumonia
- 16,17 Sepsis (in hospital, 30 days)
- 18 Stroke

5-Star Ratings in Kern County



18 ratings: San Joaquin Community Hospital (SJCH)

7 ratings: Other 8 Kern County hospitals

WHY IT MATTERS

The right care at the right hospital

SJCH named in the top 5 percent of hospitals nationwide

High standards of care. Safety. Consistency.

That's just some of what it takes to be one of the nation's top hospitals.

For the second year in a row, Healthgrades® has recognized San Joaquin Community Hospital (SJCH) in the top 5 percent of U.S. hospitals for overall quality of care. SJCH also received 5-star ratings for 14 categories of care—from heart attack to stroke to pneumonia. See the full list at left.

Why are these ratings so important? They help people select hospitals that perform well. For a specific type of care, your likelihood of a good outcome can be significantly higher at a hospital with a 5-star rating.

For instance, patients treated by physicians at hospitals receiving 5-star ratings fare much better than those treated at facilities with 1-star ratings. How much better? From 2012 through 2014, if all hospitals, as a group, performed similarly to hospitals receiving 5 stars as a group, on average:

- 222,392 lives could potentially have been saved
- 166,086 complications could potentially have been avoided

Why we do what we do

“Every employee in our hospital and clinics takes great pride in knowing that we continue to lead the way by providing the highest quality health care available in Kern County.”

—Douglas Duffield, President and CEO



What is Healthgrades®?

Healthgrades is a leading online resource for quality information on physicians and hospitals. Each year, the company independently analyzes 4,500 hospitals, using Medicare data for the most recent three-year period. Learn more at healthgrades.com.

Healthgrades statistics are based on analysis of MedPAR data for years 2012 through 2014 and represent three-year estimates for Medicare patients only.





Compassion first

"Everyone [at SJCH] was devoted and caring. I've always said that God's gift to cancer patients is their caregivers, because of their deep humanity and compassion."

—Linda Shideler, lung cancer survivor

Linda had her own way of coping with cancer, including a bucket list.

To watch Linda tell her own story, go to SacredWorkStories.org.

Finding cancer, **SAVING LIVES**

It's here: Kern County's first designated Lung Cancer Screening Center

With cancer, finding it early often equals a better chance of survival—but lung cancer doesn't usually show symptoms until it's in the advanced stage. That's one reason it's the nation's leading cancer killer. Lung cancer takes more lives each year than breast, colon and prostate cancers combined.

Lung cancer screening significantly reduces lung cancer deaths. The U.S. Preventive Services Task Force recommends screenings for adults 55 to 80 years old who have a history of heavy smoking,

Screening saves lives. Lung cancer screening is covered by many insurance plans. Call Quest Imaging to learn if you qualify: 661-633-5001.

even if they've quit within the past 15 years.

A caring place to turn. The AIS Cancer Center at San Joaquin Community Hospital (SJCH) is the first and only hospital in Kern County to be

designated a Lung Cancer Screening Center by the American College of Radiology (ACR).

This ACR program recognizes facilities for practicing safe, effective diagnostic care for people at the highest risk for lung cancer. They must also provide follow-up care, such as counseling and smoking cessation programs.

"Our Lung Cancer Screening Center enables physicians to find lung cancer early when the disease is more likely to be cured," says AIS Cancer Center Director Melina Thorpe.

Helping you breathe easier

More top-tier rankings: *U.S. News & World Report* has rated San Joaquin Community Hospital (SJCH) as high-performing for chronic obstructive pulmonary disease (COPD) care in their "Best Hospitals" for Common Care ratings.

The magazine, known for its consumer rankings, evaluated hospitals nationwide. Less than 10 percent of hospitals were rated as high-performing for COPD care.

Healthgrades® also named SJCH in the top 10 percent of U.S. hospitals for pulmonary services. According to Healthgrades, lung patients treated at

hospitals that received the Pulmonary Care Excellence Award™ have, on average, a 46 percent lower risk of dying than if they were treated in hospitals that did not receive the award.



Think of us first

In our region, air quality can be a problem. Although COPD is often caused by smoking, it can also result from long-term exposure to lung irritants, including air pollution, industrial dust and chemical fumes. If you need care for COPD, come to San Joaquin Community Hospital (SJCH).



HEART CARE WITH PLENTY OF HEART

We're one of America's 100 best!

Two new firsts for San Joaquin Community Hospital (SJCH): Healthgrades® has named us one of America's 100 Best Hospitals for Cardiac Care™ and one of America's 100 Best Hospitals for Coronary Intervention™.

We're certainly honored by these latest recognitions—and it speaks to SJCH's long history of being Kern County's leader for heart care. Yet we're most proud of what it means for our patients and community. It's about what happens here every day—the lives saved.

According to Healthgrades, cardiac patients treated at hospitals designated an America's 100 Best Hospital for Cardiac Care have, on average, a 29 percent lower risk of dying than if they were treated in hospitals that did not receive the award.

SJCH a top performer.
1 of only 2 hospitals
in California named by
Healthgrades in 2016 to
America's 100 Best Hospitals for
Heart Care and to America's 100 Best
Hospitals for Coronary Intervention



Patients treated at hospitals receiving the America's 100 Best Hospitals for Coronary Intervention™ Award have, on average, a 45.4 percent lower risk of dying than if they were treated in hospitals that did not receive the award.

Care that means so much
*"I'm still just overwhelmed
by the generosity...
the love...that the
employees gave me."*

—Crosby Shaterian,
heart attack survivor

Crosby's wife, Veronica, attended a heart attack seminar at SJCH. Something she learned—and shared—stuck with Crosby, and it may have saved his life.

**To watch the couple tell
their own story, go to
SacredWorkStories.org.**



**American Heart Association
ACCREDITATION**

Meets standards for
Heart Attack Receiving Center

**MISSION:
LIFELINE**

SJCH leads the way in Kern County

- ✓ First to be named one of Healthgrades® America's 100 Best Hospitals for Cardiac Care™ and America's 100 Best Hospitals for Coronary Intervention™
- ✓ First Accredited Chest Pain Center
- ✓ First STEMI Heart Attack Receiving Center
- ✓ First open-heart surgery
- ✓ First cardiac cath lab
- ✓ First angiogram and angioplasty



Stella Williams, R.N., CDE
Chest Pain Center
Coordinator

HEARTS AT RISK

IN THE USA

HEART DISEASE IS THE



CAUSE OF DEATH—CAUSING 1 IN EVERY 4 DEATHS.

In 2016, an estimated 1.3 million people will have a first-time heart attack.



SOMEONE HAS A HEART ATTACK EVERY 43 SECONDS.

IN KERN COUNTY

FROM 2003 TO 2005, THE HEART DISEASE DEATH RATE WAS 268 PEOPLE FOR EVERY 100,000.



PROGRESS REPORT: THE LATEST FIGURES SHOW 134 PEOPLE FOR EVERY 100,000 DIED FROM HEART DISEASE-RELATED CAUSES.

A HEARTFELT GOAL FOR 2020

Reduce the number of heart disease-related deaths in Kern County to 103 deaths per 100,000 people.

We're here when you need us most

"We're committed to our community. On a daily basis, we provide lifesaving treatment within minutes of arrival."

—Stella Williams, Chest Pain Center

We know our award-winning heart care is making a difference.

Make the call!

If you think you or a loved one might be having a heart attack, call 911. Ask to be taken to San Joaquin Community Hospital (SJCH)—home to the region's most award-winning heart program.



HERE FOR YOU: Expertise, experience and speed

Our stroke care named in the top 5 percent of hospitals nationwide

Saving lives and protecting people from the damaging effects of stroke—that's what our stroke team does best.

Healthgrades® has recognized San Joaquin Community Hospital (SJCH) in the top 5 percent of hospitals in the nation for Stroke Treatment and Cranial Neurosurgery. SJCH is the first and only Kern County hospital to receive these honors. SJCH was also recognized by Healthgrades as being in the top 10 percent for Neurosciences.



So what does this mean to you?

It means you and your family can get top-notch stroke care close to home. According to Healthgrades, stroke patients treated at hospitals with the Stroke Care Excellence Award™ have, on average, a 33.5 percent lower risk of dying than if they were treated in hospitals that did not receive the award.

In rare company.

1 of only 5 hospitals in California named recipient of the 2016 Healthgrades Neurosciences Excellence Award, Cranial Neurosurgery Excellence Award and Stroke Care Excellence Award



I wouldn't go anywhere else

"When I arrived, they whisked me through the Emergency Room. In less than a minute, a physician began taking care of me. I was impressed with how seamless the care was throughout the entire process."

—Terrance Minnoy, stroke survivor

Doctors believe Terrance had three strokes in 24 hours—but his faith and fight never wavered. He had a certain someone who needed him.

To watch Terrance tell his own story, go to SacredWorkStories.org.

SJCH leads the way in Kern County

- ✓ First to be named in the top 5 percent in the nation for Stroke Treatment by Healthgrades®
- ✓ First to win the Healthgrades® Stroke Care Excellence Award™
- ✓ First to be named in the top 5 percent in the nation for Cranial Neurosurgery by Healthgrades®
- ✓ First Certified Primary Stroke Center
- ✓ First four-time winner of the Gold Plus Award for stroke care
- ✓ First 64-slice CT scanner



**American Heart Association
American Stroke Association**
CERTIFICATION
Meets standards for
Primary Stroke Center

Seeing is believing

"It is very rewarding to see the full recovery of a patient after they receive treatment."

—Larry Odom, Physical Therapist, part of SJCH stroke team

BRAINS AT RISK

IN THE USA

STROKE IS THE
#5
CAUSE OF DEATH—CAUSING
1 IN EVERY 20 DEATHS.

STROKE IS THE MOST PREVENTABLE CAUSE OF DISABILITY.

SOMEONE DIES FROM A STROKE ABOUT EVERY
4
MINUTES.

IN KERN COUNTY

MAKING STRIDES

In 2004–2006, the death rate from stroke was **55.7** deaths per 100,000 people.

In 2011–2013, that figure was **37.7**—more than a **32% decline**.



The Healthy People 2020 national health target is to reduce the stroke death rate to **34.8** deaths per 100,000 people.

Time matters: Act fast!

Remember: When a stroke strikes, the clock is ticking. Speed and expertise matter more than ever. If you think you're having a stroke, **call 911 immediately**. Tell the paramedics to take you to San Joaquin Community Hospital.



YOUR CHANCE TO WIN!

Somewhere within *YOU + US*, we've hidden a picture of a heart monitor. Find it, take a selfie with the page and post it along with the hashtag **#MeAndSJCH** to Facebook, Twitter or Instagram—and you could win a...

FREE Bose speaker!

San Joaquin Community Hospital

Adventist Health

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#MeAndSJCH

Find
me



FIRST AND ONLY HOSPITAL IN KERN COUNTY...

TOP 5% NATIONWIDE FOR
QUALITY AND EXCELLENCE

AMERICA'S 100 BEST
HOSPITALS FOR HEART CARE

TOP 5% NATIONALLY FOR
TREATMENT OF STROKE

THINK OF US FIRST

San Joaquin Community Hospital

Adventist Health | SJCH.US

